

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 7, 2025 thru Jan 10, 2025

EL CLASSROOM BREAKFAST #1

Generated on: 1/6/2025 2:14:52 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/07/2025																
EL CLASSROOM BREAKFA	Total	4950														
POP TARTS,WG Blueberry 2018	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	76.0	5.0	2.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			700	6	566	12.00	3.60	409.1	2210	0.00	97	12.06	151.64	5.15	2.09	0.00
% of Calories											55.3%	6.9%	86.6%	6.6%	2.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 01/08/2025																
EL CLASSROOM BREAKFA	Total	4950														
Donut, Super Bakery '22	1 EACH	4950	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	4950	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			409	11	456	2.43	5.40	409.1	3003	30.00	40	13.06	58.28	11.15	3.09	0.00
% of Calories											39.6%	12.8%	57.1%	24.6%	6.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/09/2025																
EL CLASSROOM BREAKFA	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4949	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			364	19	396	6.00	3.78	290.6	1848	123.60	34	12.40	61.58	8.01	1.81	0.00
% of Calories											37.3%	13.6%	67.7%	19.8%	4.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 01/10/2025																
EL CLASSROOM BREAKFA	Total	4950														
BANA CHOC-CHUNKY MONKEY 2013	1 EACH	4950	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	4949	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			455	21	440	3.00	1.80	239.1	1185	30.00	56	14.06	81.64	8.15	3.09	0.00
% of Calories											49.0%	12.4%	71.8%	16.1%	6.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			482	14	465	5.86	3.64	337.0	2061	45.90	57	12.90	88.28	8.12	2.47	0.00
											105.9%	10.7%	73.3%	15.2%	4.6%	0.0%

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Rialto Unified School District

Jan 7, 2025 thru Jan 10, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	482			350 - 500	100%													
Cholesterol (mg)	14																	
Sodium 1 (mg)	465			540	86%													
Fiber (g)	5.86																	
Iron (mg)	3.64																	
Calcium (mg)	337.0																	
Vitamin A (IU)	2061																	
Sugars (g)	57	47.07%																
Vitamin C (mg)	45.90																	
Protein (g)	12.90	10.70%																
Carbohydrate (g)	88.28	73.28%																
Total Fat (g)	8.12	15.16%			<=30.00%													
Saturated Fat (g)	2.47	4.61%			<10.00%													
Trans Fat ¹ (g)	0.00	0.00%																

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 13, 2025 thru Jan 17, 2025

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/13/2025																
EL CLASSROOM BREAKFA	Total	5000														
Cinnis, Mini 2.29oz 2017	pkg	5000	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4999	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			470	7	468	5.00	1.44	270.0	1095	0.00	57	13.20	85.80	7.50	1.80	0.00
% of Calories											48.5%	11.2%	73.0%	14.4%	3.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 01/14/2025																
EL CLASSROOM BREAKFA	Total	4950														
DOUBLE CHOC. BAR- 2017	EACH(2G)	4950	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4949	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			421	9	417	5.41	2.83	287.0	949	1.84	45	13.69	73.46	9.17	3.16	0.00
% of Calories											43.2%	13.0%	69.8%	19.6%	6.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Jan 13, 2025 thru Jan 17, 2025

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/15/2025																
EL CLASSROOM BREAKFA	Total	4950														
Cluster Brk, Whole Grain '22	1 EACH	4950	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			470	9	377	5.63	2.96	345.7	933	8.79	43	14.50	78.64	11.34	3.22	0.00
% of Calories											36.9%	12.3%	66.9%	21.7%	6.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 01/16/2025																
EL CLASSROOM BREAKFA	Total	4950														
Sndwich Chx & Sausage 2020	1 serving	4950	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			313	32	518	3.40	1.28	329.1	1130	123.62	26	17.76	43.64	6.55	2.69	0.00
% of Calories											33.9%	22.7%	55.8%	18.8%	7.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 01/17/2025																
EL CLASSROOM BREAKFA	Total	4950														
BREAD,BANANA 2023	1 EACH	4950	329	39	170	3.91	1.14	28.0	87	4.04	*29	4.56	49.55	14.45	1.37	*0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	4949	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Jan 13, 2025 thru Jan 17, 2025

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EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			504	45	392	3.91	1.14	237.0	1057	34.04	*63	12.62	84.19	14.60	1.46	*0.00
% of Calories											*49.7%	10.0%	66.8%	26.0%	2.6%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			436	20	434	4.67	1.93	293.8	1033	33.66	*47	14.35	73.15	9.83	2.47	*0.00
											*97.1%	13.2%	67.2%	20.3%	5.1%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	436		350 - 500	100%				
Cholesterol (mg)	20							
Sodium 1 (mg)	434		540	80%				
Fiber (g)	4.67							
Iron (mg)	1.93							
Calcium (mg)	293.8							
Vitamin A (IU)	1033							
Sugars (g)	47	43.15%			Missing			
Vitamin C (mg)	33.66							
Protein (g)	14.35	13.18%						
Carbohydrate (g)	73.15	67.16%						
Total Fat (g)	9.83	20.31%	<=30.00%					
Saturated Fat (g)	2.47	5.09%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/21/2025																
EL CLASSROOM BREAKFA	Total	5000														
BURRITO,Brkft.Bn&Ch-Wh-Gr-2	EACH	5000	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
017																
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			328	29	451	4.31	0.89	452.7	1014	1.84	25	18.61	43.61	8.46	4.19	0.00
% of Calories											30.1%	22.7%	53.2%	23.2%	11.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 01/22/2025																
EL CLASSROOM BREAKFA	Total	5000														
Muffins, DBL Choc. 2022	1 ea	5000	280	25	250	2.00	1.80	20.0	85	0.0	17	4.0	44.0	10.0	2.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.34 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.34 oz)	4999	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			439	34	436	3.93	1.80	280.0	919	0.00	41	12.40	71.24	11.00	2.60	0.00
% of Calories											37.2%	11.3%	65.0%	22.6%	5.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 21, 2025 thru Jan 24, 2025

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/23/2025																
EL CLASSROOM BREAKFA	Total	4950														
CEREAL,MALT-O,Marsh-Mateys 2017	BOWL (2 oz.)	4950	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4949	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			374	9	556	5.00	18.18	470.6	1848	135.60	46	12.40	72.58	3.01	0.61	0.00
% of Calories											49.2%	13.3%	77.6%	7.2%	1.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 01/24/2025																
EL CLASSROOM BREAKFA	Total	4950														
Concha, WG PINK-'24	Each(2G)	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	4950	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			375	11	310	2.00	1.80	259.1	1110	30.01	41	14.06	67.64	6.15	1.59	0.00
% of Calories											43.4%	15.0%	72.1%	14.8%	3.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			379	21	438	3.81	5.67	365.6	1223	41.86	38	14.37	63.77	7.16	2.25	0.00
											90.3%	15.2%	67.3%	17.0%	5.3%	0.0%

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Rialto Unified School District

Jan 21, 2025 thru Jan 24, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	379		350 - 500	100%												
Cholesterol (mg)	21															
Sodium 1 (mg)	438		540	81%												
Fiber (g)	3.81															
Iron (mg)	5.67															
Calcium (mg)	365.6															
Vitamin A (IU)	1223															
Sugars (g)	38	40.15%														
Vitamin C (mg)	41.86															
Protein (g)	14.37	15.17%														
Carbohydrate (g)	63.77	67.32%														
Total Fat (g)	7.16	17.00%	<=30.00%													
Saturated Fat (g)	2.25	5.34%	<10.00%													
Trans Fat ¹ (g)	0.00	0.00%														

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jan 27, 2025 thru Jan 31, 2025

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/27/2025																
EL CLASSROOM BREAKFA	Total	4950														
Cinnamon Swirls, WG 2024	Serv. (1.1 6 oz)	4950	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Craisins, Watermelon	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			530	16	331	6.00	0.36	708.8	1090	0.00	65 48.8%	14.06 10.6%	95.61 72.2%	9.15 15.5%	2.59 4.4%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/28/2025																
EL CLASSROOM BREAKFA	Total	5000														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	5000	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			441	29	427	3.41	1.93	286.4	956	1.84	46 42.2%	13.69 12.4%	72.49 65.8%	10.16 20.7%	3.65 7.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 27, 2025 thru Jan 31, 2025

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/29/2025																
EL CLASSROOM BREAKFA	Total	4950														
Waffles, Fun N Fruti '24	pkg	4950	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			420	44	477	4.63	1.34	273.7	863	8.79	39 37.5%	14.50 13.8%	71.64 68.2%	9.34 20.0%	2.22 4.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 01/30/2025																
EL CLASSROOM BREAKFA	Total	4950														
UBR - BRKFST CINN ROUND 2 020	EACH(2G)	4950	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			434	11	396	8.29	0.86	248.9	1028	123.63	44 40.3%	13.06 12.0%	71.64 66.0%	8.15 16.9%	3.09 6.4%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 01/31/2025																
EL CLASSROOM BREAKFA	Total	4950														
Concha, WG WHITE-'24	1 each	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	4950	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Jan 27, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			375	11	311	2.00	1.80	249.1	1010	30.01	42	13.06	68.64	6.15	1.59	0.00
% of Calories											44.5%	13.9%	73.2%	14.8%	3.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			440	22	389	4.87	1.26	353.4	989	32.85	47	13.67	76.00	8.59	2.63	0.00
											96.5%	12.4%	69.1%	17.6%	5.4%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	440		350 - 500	100%				
Cholesterol (mg)	22							
Sodium 1 (mg)	389		540	72%				
Fiber (g)	4.87							
Iron (mg)	1.26							
Calcium (mg)	353.4							
Vitamin A (IU)	989							
Sugars (g)	47	42.90%						
Vitamin C (mg)	32.85							
Protein (g)	13.67	12.43%						
Carbohydrate (g)	76.00	69.11%						
Total Fat (g)	8.59	17.58%	<=30.00%					
Saturated Fat (g)	2.63	5.38%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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